



Dorflauf Helmscheid
Korbach-Helmscheid / 08.06.2013

Detailed evaluation

Kahl, Michael

Club: TSV Flechtdorf
Number: 212

Course: 4.70 km
4,7 km Kurzlauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 27:04

Speed: 8.87 km/h
Running performance: 5:46 min/km

Rank in course/Total: 6 (of 22)

Rank in course/Men: 6 (of 10)

Best time in course: 17:23

Rank in category: 2(of 3)

Best time in the category: 18:03