



Dorflauf Helmscheid
Korbach-Helmscheid / 08.06.2013

Detailed evaluation

Heck, Klaus

Club: TSV Gellershausen
Number: 216

Course: 4.70 km
4,7 km Kurzlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 27:54

Speed: 8.60 km/h
Running performance: 5:56 min/km

Rank in course/Total: 8 (of 22)

Rank in course/Men: 7 (of 10)

Best time in course: 17:23

Rank in category: 1(of 1)

Best time in the category: 27:54