



Dorflauf Helmscheid  
Korbach-Helmscheid / 08.06.2013

## Detailed evaluation

**Kroos, Karina**

Club: TSV Flechtdorf  
Number: 220

Course: 4.70 km  
4,7 km Kurzlauf

Category:  
weibliche Jugend A, B

Total time: 28:49

Speed: 8.33 km/h  
Running performance: 6:08 min/km

Rank in course/Total: 9 (of 22)  
Rank in course/Women: 2 (of 12)  
Best time in course: 27:27

Rank in category: 1(of 7)  
Best time in the category: 28:49