



Dorflauf Helmscheid  
Korbach-Helmscheid / 08.06.2013

## Detailed evaluation

**Koch, Julia**

Club: TSV Flechtdorf  
Number: 210

Course: 4.70 km  
4,7 km Kurzlauf

Category:  
weibliche Jugend A, B

Total time: 35:30

Speed: 6.76 km/h  
Running performance: 7:33 min/km

Rank in course/Total: 18 (of 22)

Rank in course/Women: 9 (of 12)

Best time in course: 27:27

Rank in category: 5(of 7)

Best time in the category: 28:49