



Dorflauf Helmscheid
Korbach-Helmscheid / 08.06.2013

Detailed evaluation

Schlömer, Sigismund

Club: TSV Flechtdorf
Number: 262

Course: 10.00 km
10,0 km Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 49:24

Speed: 12.15 km/h
Running performance: 4:56 min/km

Rank in course/Total: 8 (of 12)

Rank in course/Men: 7 (of 11)

Best time in course: 40:03

Rank in category: 3(of 4)

Best time in the category: 40:03