



Dorflauf Helmscheid  
Korbach-Helmscheid / 08.06.2013

## Detailed evaluation

**Dörrie, Albrecht**

Club: Bad Arolsen  
Number: 252

Course: 10.00 km  
10,0 km Hauptlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 52:25

Speed: 11.45 km/h  
Running performance: 5:14 min/km

Rank in course/Total: 10 (of 12)

Rank in course/Men: 9 (of 11)

Best time in course: 40:03

Rank in category: 4(of 4)

Best time in the category: 40:03