



11. Kanonenbahnlauf  
Lengenfeld unterm Stein / 15.06.2013

Detailed evaluation

Otto, Berthold

Club: DJK Krebeck  
Number: 197

Course: 7.00 km  
Kleiner Kanonenbahnlauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 36:54

Speed: 11.38 km/h  
Running performance: 5:16 min/km

Rank in course/Total: 50 (of 78)

Rank in course/Men: 44 (of 59)

Best time in course: 24:21

Rank in category: 3(of 3)

Best time in the category: 30:35