



11. Kanonenbahnlauf  
Lengenfeld unterm Stein / 15.06.2013

Detailed evaluation

Hesse, Kerstin

Club: Physio K-Hesse  
Number: 328

Course: 7.00 km  
Kleiner Kanonenbahnlauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 38:24

Speed: 10.94 km/h  
Running performance: 5:29 min/km

Rank in course/Total: 58 (of 78)  
Rank in course/Women: 10 (of 19)  
Best time in course: 31:10

Rank in category: 1(of 2)  
Best time in the category: 38:24