



11. Kanonenbahnlauf
Lengenfeld unterm Stein / 15.06.2013

Detailed evaluation

Stieding, Katharina

Club: VR Bank Westthüringen eG
Number: 257

Course: 7.00 km
Kleiner Kanonenbahnlauf

Category:
Frauen (20-29 Jahre)

Total time: 39:41

Speed: 10.58 km/h
Running performance: 5:40 min/km

Rank in course/Total: 63 (of 78)
Rank in course/Women: 11 (of 19)
Best time in course: 31:10

Rank in category: 2(of 4)
Best time in the category: 36:55