



11. Kanonenbahnlauf
Lengenfeld unterm Stein / 15.06.2013

Detailed evaluation

Fritsch, Manuela

Club: Weinbergen

Number: 350

Course: 7.00 km

Kleiner Kanonenbahnlauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 41:22

Speed: 10.15 km/h

Running performance: 5:55 min/km

Rank in course/Total: 66 (of 78)

Rank in course/Women: 13 (of 19)

Best time in course: 31:10

Rank in category: 5(of 5)

Best time in the category: 33:07