



11. Kanonenbahnlauf
Lengenfeld unterm Stein / 15.06.2013

Detailed evaluation

Spangler, Jessica

Club: Austin Athletes
Number: 398

Course: 7.00 km
Kleiner Kanonenbahnlauf

Category:
Frauen (20-29 Jahre)

Total time: 44:08
Speed: 9.52 km/h
Running performance: 6:18 min/km
Rank in course/Total: 70 (of 78)
Rank in course/Women: 14 (of 19)
Best time in course: 31:10
Rank in category: 3(of 4)
Best time in the category: 36:55