



11. Kanonenbahnlauf
Lengenfeld unterm Stein / 15.06.2013

Detailed evaluation

Richter, Astrid

Club: Eisenach
Number: 290

Course: 7.00 km
Kleiner Kanonenbahnlauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 51:09

Speed: 8.21 km/h
Running performance: 7:19 min/km

Rank in course/Total: 76 (of 78)
Rank in course/Women: 19 (of 19)
Best time in course: 31:10

Rank in category: 1(of 1)
Best time in the category: 51:09