



11. Kanonenbahnlauf
Lengenfeld unterm Stein / 15.06.2013

Detailed evaluation

Keppler, Bernd

Club: Möllner SV
Number: 185

Course: 16.00 km
Kanonenbahnlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:07:40

Speed: 14.19 km/h
Running performance: 4:14 min/km

Rank in course/Total: 3 (of 83)

Rank in course/Men: 3 (of 73)

Best time in course: 1:06:14

Rank in category: 1(of 16)

Best time in the category: 1:07:40