



11. Kanonenbahnlauf
Lengenfeld unterm Stein / 15.06.2013

Detailed evaluation

Beume, Christoph

Club: ASC Friedberg
Number: 470

Course: 16.00 km
Kanonenbahnlauf

Category:
Männer (20-29 Jahre)

Total time: 1:10:11

Speed: 13.68 km/h
Running performance: 4:23 min/km

Rank in course/Total: 6 (of 83)

Rank in course/Men: 6 (of 73)

Best time in course: 1:06:14

Rank in category: 2(of 11)

Best time in the category: 1:09:46