



11. Kanonenbahnlauf
Lengenfeld unterm Stein / 15.06.2013

Detailed evaluation

Hesse, Uwe

Club: Physio K-Hesse
Number: 332

Course: 16.00 km
Kanonenbahnlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:12:38

Speed: 13.22 km/h
Running performance: 4:32 min/km

Rank in course/Total: 8 (of 83)

Rank in course/Men: 8 (of 73)

Best time in course: 1:06:14

Rank in category: 1(of 6)

Best time in the category: 1:12:38