



11. Kanonenbahnlauf
Lengenfeld unterm Stein / 15.06.2013

Detailed evaluation

Stützer, Frank

Club: FFW Lengenfeld
Number: 334

Course: 16.00 km
Kanonenbahnlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:16:12

Speed: 12.60 km/h
Running performance: 4:46 min/km

Rank in course/Total: 15 (of 83)

Rank in course/Men: 15 (of 73)

Best time in course: 1:06:14

Rank in category: 3(of 16)

Best time in the category: 1:07:40