



11. Kanonenbahnlauf  
Lengenfeld unterm Stein / 15.06.2013

Detailed evaluation

Pohl, Andreas

Club: Brühler TV 1879  
Number: 282

Course: 16.00 km  
Kanonenbahnlauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:17:24

Speed: 12.40 km/h  
Running performance: 4:50 min/km

Rank in course/Total: 18 (of 83)

Rank in course/Men: 18 (of 73)

Best time in course: 1:06:14

Rank in category: 2(of 12)

Best time in the category: 1:12:24