



11. Kanonenbahnlauf
Lengenfeld unterm Stein / 15.06.2013

Detailed evaluation

Henning, Jürgen

Club: SpVgg Faulungen
Number: 479

Course: 16.00 km
Kanonenbahnlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:21:53

Speed: 11.72 km/h
Running performance: 5:07 min/km

Rank in course/Total: 26 (of 83)

Rank in course/Men: 25 (of 73)

Best time in course: 1:06:14

Rank in category: 3(of 12)

Best time in the category: 1:12:24