



11. Kanonenbahnlauf
Lengenfeld unterm Stein / 15.06.2013

Detailed evaluation

Höfer, Dietmar

Club: Eisenach
Number: 289

Course: 16.00 km
Kanonenbahnlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:23:34

Speed: 11.49 km/h
Running performance: 5:13 min/km

Rank in course/Total: 29 (of 83)

Rank in course/Men: 28 (of 73)

Best time in course: 1:06:14

Rank in category: 8(of 16)

Best time in the category: 1:07:40