



11. Kanonenbahnlauf  
Lengenfeld unterm Stein / 15.06.2013

Detailed evaluation

Seever, Thorsten

Club: SG Motor Arnstadt  
Number: 313

Course: 16.00 km  
Kanonenbahnlauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:24:13

Speed: 11.40 km/h  
Running performance: 5:16 min/km

Rank in course/Total: 32 (of 83)

Rank in course/Men: 31 (of 73)

Best time in course: 1:06:14

Rank in category: 3(of 9)

Best time in the category: 1:14:19