



11. Kanonenbahnlauf
Lengenfeld unterm Stein / 15.06.2013

Detailed evaluation

Noack, Christian

Club: PSA Prüfer
Number: 195

Course: 16.00 km
Kanonenbahnlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:25:15

Speed: 11.26 km/h
Running performance: 5:20 min/km

Rank in course/Total: 35 (of 83)

Rank in course/Men: 34 (of 73)

Best time in course: 1:06:14

Rank in category: 9(of 11)

Best time in the category: 1:06:14