



11. Kanonenbahnlauf
Lengenfeld unterm Stein / 15.06.2013

Detailed evaluation

König, Ralf

Club: Grossbartloff
Number: 477

Course: 16.00 km
Kanonenbahnlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:25:22

Speed: 11.25 km/h
Running performance: 5:20 min/km

Rank in course/Total: 37 (of 83)

Rank in course/Men: 36 (of 73)

Best time in course: 1:06:14

Rank in category: 4(of 9)

Best time in the category: 1:14:19