



11. Kanonenbahnlauf
Lengenfeld unterm Stein / 15.06.2013

Detailed evaluation

Kellner, Roland

Club: SpVgg Faulungen
Number: 370

Course: 16.00 km
Kanonenbahnlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:29:58

Speed: 10.67 km/h
Running performance: 5:37 min/km

Rank in course/Total: 46 (of 83)

Rank in course/Men: 45 (of 73)

Best time in course: 1:06:14

Rank in category: 12(of 16)

Best time in the category: 1:07:40