



11. Kanonenbahnlauf  
Lengenfeld unterm Stein / 15.06.2013

Detailed evaluation

**Rösler, Mario**

Club: Laufsportfreunde RHS  
Number: 399

Course: 16.00 km  
Kanonenbahnlauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:30:58

Speed: 10.55 km/h  
Running performance: 5:41 min/km

Rank in course/Total: 51 (of 83)

Rank in course/Men: 49 (of 73)

Best time in course: 1:06:14

Rank in category: 6(of 9)

Best time in the category: 1:14:19