



11. Kanonenbahnlauf
Lengenfeld unterm Stein / 15.06.2013

Detailed evaluation

Schönfelder, Michael

Club: Jenaer Nordrunner
Number: 256

Course: 16.00 km
Kanonenbahnlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:32:08

Speed: 10.42 km/h
Running performance: 5:46 min/km

Rank in course/Total: 55 (of 83)

Rank in course/Men: 53 (of 73)

Best time in course: 1:06:14

Rank in category: 4(of 6)

Best time in the category: 1:12:38