



11. Kanonenbahnlauf
Lengenfeld unterm Stein / 15.06.2013

Detailed evaluation

Ruhland, Peter

Club: BSV Blau-Weiß 22 Lengenfeld/Stein
Number: 338

Course: 16.00 km
Kanonenbahnlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:32:35

Speed: 10.37 km/h
Running performance: 5:47 min/km

Rank in course/Total: 57 (of 83)

Rank in course/Men: 55 (of 73)

Best time in course: 1:06:14

Rank in category: 8(of 12)

Best time in the category: 1:12:24