



11. Kanonenbahnlauf
Lengenfeld unterm Stein / 15.06.2013

Detailed evaluation

Beume, Michael

Club: Heiligenstadt
Number: 471

Course: 16.00 km
Kanonenbahnlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:40:53

Speed: 9.52 km/h
Running performance: 6:19 min/km

Rank in course/Total: 68 (of 83)

Rank in course/Men: 65 (of 73)

Best time in course: 1:06:14

Rank in category: 11(of 12)

Best time in the category: 1:12:24