



11. Kanonenbahnlauf
Lengenfeld unterm Stein / 15.06.2013

Detailed evaluation

Gödicke, Manuela

Club: Lauflin Team Göttingen
Number: 99

Course: 16.00 km
Kanonenbahnlauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:44:29

Speed: 9.19 km/h
Running performance: 6:32 min/km

Rank in course/Total: 71 (of 83)
Rank in course/Women: 5 (of 10)
Best time in course: 1:20:38

Rank in category: 4(of 6)
Best time in the category: 1:20:38