



11. Kanonenbahnlauf
Lengenfeld unterm Stein / 15.06.2013

Detailed evaluation

Müller, Jörg

Club: Duderstadt
Number: 193

Course: 7.00 km
Kleiner Kanonenbahnlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 28:39

Speed: 14.66 km/h
Running performance: 4:05 min/km

Rank in course/Total: 14 (of 78)

Rank in course/Men: 14 (of 59)

Best time in course: 24:21

Rank in category: 3(of 3)

Best time in the category: 26:43