



2. Herzog-Georg Lauf
Meiningen / 15.06.2013

Detailed evaluation

Prost, Heike

Club: KSZU Meiningen

Number: 3375

Course: 4.00 km

Jedermann-Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 24:36

Speed: 9.76 km/h

Running performance: 6:09 min/km

Rank in course/Total: 54 (of 75)

Rank in course/Women: 26 (of 42)

Best time in course: 17:06

Rank in category: 1(of 1)

Best time in the category: 24:36