



2. Herzog-Georg Lauf  
Meiningen / 15.06.2013

Detailed evaluation

Scherf, Freimut

Club: Meiningen

Number: 3340

Course: 4.00 km

Jedermann-Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 26:18

Speed: 9.13 km/h

Running performance: 6:35 min/km

Rank in course/Total: 67 (of 75)

Rank in course/Men: 31 (of 33)

Best time in course: 15:53

Rank in category: 4(of 5)

Best time in the category: 18:30