



2. Herzog-Georg Lauf  
Meiningen / 15.06.2013

Detailed evaluation

Herrmann, Heiko

Club: Suhl

Number: 4114

Course: 12.00 km

Hauptlauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 47:54

Speed: 15.03 km/h

Running performance: 3:59 min/km

Rank in course/Total: 7 (of 127)

Rank in course/Men: 7 (of 87)

Best time in course: 44:12

Rank in category: 1(of 11)

Best time in the category: 47:54