



2. Herzog-Georg Lauf
Meiningen / 15.06.2013

Detailed evaluation

Schad, Ronald

Club: Lauffreunde Geba
Number: 4140

Course: 12.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 51:30

Speed: 13.98 km/h
Running performance: 4:17 min/km

Rank in course/Total: 18 (of 127)

Rank in course/Men: 18 (of 87)

Best time in course: 44:12

Rank in category: 4(of 11)

Best time in the category: 47:54