



2. Herzog-Georg Lauf
Meiningen / 15.06.2013

Detailed evaluation

Jacob, Silvio

Club: Meiningen

Number: 4025

Course: 12.00 km

Hauptlauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 55:32

Speed: 12.97 km/h

Running performance: 4:38 min/km

Rank in course/Total: 44 (of 127)

Rank in course/Men: 40 (of 87)

Best time in course: 44:12

Rank in category: 6(of 11)

Best time in the category: 47:54