



2. Herzog-Georg Lauf
Meiningen / 15.06.2013

Detailed evaluation

Schneider, Heiko

Club: PSV Meiningen

Number: 4007

Course: 12.00 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 56:34

Speed: 12.73 km/h

Running performance: 4:43 min/km

Rank in course/Total: 53 (of 127)

Rank in course/Men: 48 (of 87)

Best time in course: 44:12

Rank in category: 9(of 13)

Best time in the category: 46:58