



2. Herzog-Georg Lauf  
Meiningen / 15.06.2013

Detailed evaluation

Gasch, Michael

Club: Vachdorf  
Number: 4014

Course: 12.00 km  
Hauptlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 56:50

Speed: 12.67 km/h  
Running performance: 4:44 min/km

Rank in course/Total: 55 (of 127)

Rank in course/Men: 50 (of 87)

Best time in course: 44:12

Rank in category: 10(of 13)

Best time in the category: 46:58