



2. Herzog-Georg Lauf  
Meiningen / 15.06.2013

Detailed evaluation

Frölich, Nicole

Club: Jüchsen  
Number: 4078

Course: 12.00 km  
Hauptlauf

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 59:51

Speed: 12.03 km/h  
Running performance: 4:59 min/km

Rank in course/Total: 73 (of 127)

Rank in course/Women: 12 (of 40)

Best time in course: 52:11

Rank in category: 2(of 7)

Best time in the category: 52:11