



2. Herzog-Georg Lauf  
Meiningen / 15.06.2013

Detailed evaluation

**Graul, Nora**

Club: Rennsteiglaufverein  
Number: 4006

Course: 12.00 km  
Hauptlauf

Category:  
Seniorinnen W55 (55-59 Jahre)

Total time: 1:01:37

Speed: 11.69 km/h  
Running performance: 5:08 min/km

Rank in course/Total: 82 (of 127)  
Rank in course/Women: 14 (of 40)  
Best time in course: 52:11

Rank in category: 1(of 3)  
Best time in the category: 1:01:37