



2. Herzog-Georg Lauf
Meiningen / 15.06.2013

Detailed evaluation

Tirschmann, Jan

Club: SV Wasserfreunde
Number: 4106

Course: 12.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:02:53

Speed: 11.45 km/h
Running performance: 5:14 min/km

Rank in course/Total: 92 (of 127)

Rank in course/Men: 73 (of 87)

Best time in course: 44:12

Rank in category: 12(of 13)

Best time in the category: 46:58