



2. Herzog-Georg Lauf
Meiningen / 15.06.2013

Detailed evaluation

Köhler, Uwe

Number: 3388

Course: 4.00 km
Jedermann-Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 21:56

Speed: 10.94 km/h

Running performance: 5:29 min/km

Rank in course/Total: 38 (of 75)

Rank in course/Men: 23 (of 33)

Best time in course: 15:53

Rank in category: 3(of 3)

Best time in the category: 19:35