



13. Kirschlauf
Kleinfahner / 16.06.2013

Detailed evaluation

Ellenberg, Horst

Number: 275

Course: 14.00 km

Hauptlauf

Category:

Senioren M75 (75-79 Jahre)

Total time: 2:48:29

Speed: 4.99 km/h

Running performance: 12:02 min/km

Rank in course/Total: 255 (of 256)

Rank in course/Men: 184 (of 185)

Best time in course: 48:53

Rank in category: 3(of 3)

Best time in the category: 1:32:41

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Posten	7.50	fehlt!	-	-	-	-	-	7.50	-	-	-	-	-	-
Finish	6.50	2:48:29	25:55	3	2:12:01	184	2:29:16	14.00	2:48:29	12:02	3	1:15:48	184	1:59:36