



13. Kirschlauf
Kleinfahrer / 16.06.2013

Detailed evaluation

Schönborn, Frank

Club: Lauffreunde Gotha
Number: 144

Course: 14.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:00:58

Speed: 13.78 km/h
Running performance: 4:21 min/km

Rank in course/Total: 18 (of 256)

Rank in course/Men: 18 (of 185)

Best time in course: 48:53

Rank in category: 4(of 26)

Best time in the category: 51:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Posten	7.50	36:36	4:52	4	5:28	18	6:56	7.50	36:36	4:52	21			23	
Finish	6.50	24:22	3:44	4	3:36	21	5:09	14.00	1:00:58	4:21	4	9:04		18	12:05