



13. Kirschlauf
Kleinfahrer / 16.06.2013

Detailed evaluation

Manthee, Frank

Club: SV Glückauf SDH
Number: 175

Course: 14.00 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:03:21

Speed: 13.26 km/h
Running performance: 4:32 min/km

Rank in course/Total: 27 (of 256)

Rank in course/Men: 26 (of 185)

Best time in course: 48:53

Rank in category: 1(of 16)

Best time in the category: 1:03:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	7.50	39:10	5:13	1	-	29	9:30	7.50	39:10	5:13	1	-	31	
Finish	6.50	24:11	3:43	1	-	19	4:58	14.00	1:03:21	4:31	1	-	26	14:28