



13. Kirschlauf
Kleinfahner / 16.06.2013

Detailed evaluation

Banzer, Roland

Club: Kath. Laufjugend Arnstadt
Number: 279

Course: 14.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:05:17

Speed: 12.87 km/h
Running performance: 4:40 min/km

Rank in course/Total: 34 (of 256)

Rank in course/Men: 33 (of 185)

Best time in course: 48:53

Rank in category: 6(of 32)

Best time in the category: 57:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Posten	7.50	39:39	5:17	7	5:05	32	9:59	7.50	39:39	5:17	27			38	
Finish	6.50	25:38	3:56	6	3:06	36	6:25	14.00	1:05:17	4:39	6	8:11	33	16:24	