



13. Kirschlauf  
Kleinfahner / 16.06.2013

## Detailed evaluation

Janthur, Ralf

Number: 273

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:07:36

Speed: 12.43 km/h  
Running performance: 4:50 min/km

Rank in course/Total: 48 (of 256)

Rank in course/Men: 47 (of 185)

Best time in course: 48:53

Rank in category: 10(of 34)

Best time in the category: 1:00:11

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	7.50	41:39	5:33	11	5:07	53	11:59	7.50	41:39	5:33	24		50	0:58
Finish	6.50	25:57	3:59	9	2:18	44	6:44	14.00	1:07:36	4:49	10	7:25	47	18:43