



13. Kirschlauf  
Kleinfahrer / 16.06.2013

Detailed evaluation

Krtschil, Heiko

Club: FSV 78 Burgtonna e.V.  
Number: 110

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:08:22

Speed: 12.29 km/h  
Running performance: 4:53 min/km

Rank in course/Total: 55 (of 256)

Rank in course/Men: 53 (of 185)

Best time in course: 48:53

Rank in category: 13(of 32)

Best time in the category: 57:06

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Posten	7.50	40:55	5:27	11	6:21	45	11:15	7.50	40:55	5:27	21		53	0:14
Finish	6.50	27:27	4:13	13	4:55	55	8:14	14.00	1:08:22	4:52	13	11:16	53	19:29