



13. Kirschlauf  
Kleinfahrer / 16.06.2013

Detailed evaluation

Ellinger, Dirk

Club: GM Rennsteiglaufverein  
Number: 102

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:14:33

Speed: 11.27 km/h  
Running performance: 5:19 min/km

Rank in course/Total: 93 (of 256)

Rank in course/Men: 86 (of 185)

Best time in course: 48:53

Rank in category: 17(of 32)

Best time in the category: 57:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	7.50	45:42	6:05	16	11:08	86	16:02	7.50	45:42	6:05	1	-	87	5:01
Finish	6.50	28:51	4:26	16	6:19	84	9:38	14.00	1:14:33	5:19	17	17:27	86	25:40