



13. Kirschlauf
Kleinfahrer / 16.06.2013

Detailed evaluation

Hamsch, Holger

Club: Dachwig
Number: 180

Course: 14.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:14:49

Speed: 11.23 km/h
Running performance: 5:20 min/km

Rank in course/Total: 95 (of 256)

Rank in course/Men: 88 (of 185)

Best time in course: 48:53

Rank in category: 10(of 26)

Best time in the category: 51:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	7.50	46:11	6:09	13	15:03	91	16:31	7.50	46:11	6:09	15		89	5:30
Finish	6.50	28:38	4:24	10	7:52	80	9:25	14.00	1:14:49	5:20	10	22:55	88	25:56