



13. Kirschlauf
Kleinfahner / 16.06.2013

Detailed evaluation

Kuno, Wilfried

Number: 287

Course: 14.00 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:17:36

Speed: 10.82 km/h
Running performance: 5:32 min/km

Rank in course/Total: 118 (of 256)

Rank in course/Men: 107 (of 185)

Best time in course: 48:53

Rank in category: 4(of 16)

Best time in the category: 1:03:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	7.50	47:44	6:21	6	8:34	118	18:04	7.50	47:44	6:21	4	8:34	108	7:03
Finish	6.50	29:52	4:35	4	5:41	97	10:39	14.00	1:17:36	5:32	4	14:15	107	28:43