



13. Kirschlauf
Kleinfahrer / 16.06.2013

Detailed evaluation

Stier, Thomas

Club: Ironman Großbrüchter
Number: 228

Course: 14.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:18:15

Speed: 10.73 km/h
Running performance: 5:35 min/km

Rank in course/Total: 126 (of 256)

Rank in course/Men: 114 (of 185)

Best time in course: 48:53

Rank in category: 21(of 32)

Best time in the category: 57:06

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|---------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Posten | 7.50 | 48:00 | 6:24 | 21 | 13:26 | 120 | 18:20 | 7.50 | 48:00 | 6:24 | 13 | 2:18 | 114 | 7:19 |
| Finish | 6.50 | 30:15 | 4:39 | 18 | 7:43 | 102 | 11:02 | 14.00 | 1:18:15 | 5:35 | 21 | 21:09 | 114 | 29:22 |