



13. Kirschlauf
Kleinfahrer / 16.06.2013

Detailed evaluation

Stier, Thomas

Club: Ironman Großbrüchter
Number: 228

Course: 14.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:18:15

Speed: 10.73 km/h
Running performance: 5:35 min/km

Rank in course/Total: 126 (of 256)

Rank in course/Men: 114 (of 185)

Best time in course: 48:53

Rank in category: 21(of 32)

Best time in the category: 57:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	7.50	48:00	6:24	21	13:26	120	18:20	7.50	48:00	6:24	13	2:18	114	7:19
Finish	6.50	30:15	4:39	18	7:43	102	11:02	14.00	1:18:15	5:35	21	21:09	114	29:22